Field & Fork

COUNTRY KITCHEN

Est.1750

*Welcome to our Country Kitchen*

In the historic heart of Swellendam, Field & Fork is set in the
Old Secretary's House, a building dating back to the 1750s.
Here, we invite you to slow down, settle in and feel at home.
Under new ownership since 2025, we have focused on refining
and simplifying the experience while keeping it warm and welcoming.
We serve hearty, honest food, prepared with care and genuine hospitality.

# Starters

## Tomato Gazpacho — R90

Chilled tomato gazpacho with a subtle hint of chilli.

## Beetroot Carpaccio — R90

Thinly sliced beetroot, crumbled feta, toasted pumpkin seeds, rocket and balsamic glaze.

## Peri-Peri Chicken Livers — R90

Tender chicken livers in a rich, spicy peri-peri sauce, served with freshly baked ciabatta.

## Mussels in White Wine & Garlic Cream — R90

Mussels in a white wine, garlic and herb cream sauce with a pinch of chilli. Served with ciabatta.
*Also available as a main · R210*

Tipping is at your discretion · 10% service fee for tables of 8 or more

SWELLENDAM · SOUTH AFRICA

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## Mains

### 200 g Beef Fillet — R290

Grilled beef fillet with garlic and herb butter, rustic hand-cut fries and a choice of mushroom, pepper or cheese sauce.

### Slow-Cooked Pork Belly — R230

Tender, smoky slow-cooked pork belly, served with creamy coleslaw and sweet-and-sour sauce.

### Lamb Ragù Tagliatelle — R260

Slow-braised ground lamb in a tomato and red wine ragù with carrots and celery. Finished with Parmesan and olive oil.

### Basil Pesto Penne — R190

Fresh tagliatelle in basil pesto with Parmesan and extra virgin olive oil.
Add grilled garlic and herb chicken · R70

### Gourmet Beef Burger — R160

200g handmade beef patty with caramelised onions, gherkins and cheese. Served with rustic hand-cut fries and our house burger sauce.

### Pan-Fried Hake — R230

160g hake fillet, pan-fried in garlic butter, served with hand-cut rustic fries and cherry tomatoes roasted with garlic and thyme.

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## Something sweet

### Traditional Malva Pudding — R90

Served warm with homemade custard and vanilla ice cream.

### Amarula Crème Brûlée — R90

Amarula-infused baked custard with a crisp caramelised sugar crust.

### Cake of the Day — R90

Ask your waiter about today's freshly baked selection.

## Sides, salads & sauces

### Table Salad — R170

Ideal for four people.

### Side Salad — R60

For one person.

### Rustic Hand-Cut Fries — R60

With or without truffle oil.

### Additional Sauces — R35

Mushroom, pepper or cheese.

## For the little ones

### Kiddies' Mac & Cheese — R90

### Kiddies' Grilled Chicken Strips — R90

### Margherita Pizza — R100

Prepared by the Country Deli next door.

### Hawaiian Pizza — R140

Prepared by the Country Deli next door.

### Two Scoops of Ice Cream — R60

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## White & rosé

| | |
|---|---|
| House wine, per glass | **R55** |
| Spier 1692 Chenin Blanc | **R190** |
| Spier 1692 Sauvignon Blanc | **R190** |
| Spier 1692 Rosé | **R190** |
| Spier 1692 Chardonnay | **R190** |
| Terra del Capo Pinot Grigio | **R240** |
| Olivedale White Blend | **R250** |
| Vrede en Lust White Mischief | **R260** |
| Springfield Albariño | **R280** |
| Springfield Wild Yeast Chardonnay | **R280** |
| Arendsig Inspirational Chenin Blanc | **R390** |
| Charla Haasbroek Cape White | **R420** |

## Red wines

| | |
|---|---|
| House wine, per glass | **R55** |
| Spier 1692 Merlot | **R190** |
| Spier 1692 Cabernet Sauvignon | **R190** |
| Spier 1692 Shiraz | **R190** |
| Spier 1692 Pinotage | **R190** |
| Olivedale Touriga Nacional | **R310** |
| Olivedale Tempranillo | **R310** |
| Springfield Whole Berry Cabernet Sauvignon | **R310** |
| Springfield The Work of Time | **R390** |
| Arendsig Pinotage | **R380** |
| Arendsig Shiraz | **R380** |
| Mountain View Baroque | **R420** |
| Mountain View New World Blend | **R420** |

## MCC

| | |
|---|---|
| House MCC, per glass (ask your waiter) | **R65** |
| MCC selection — TBC | **R350** |

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## Beer & cider

| | |
|---|---|
| Devils Peak Lager 330 ml | R50 |
| Windhoek Draught 440 ml | R50 |
| Stella Artois 330 ml | R50 |
| Devils Peak IPA | R50 |
| Savanna Light | R50 |

## Alcohol-free

| | |
|---|---|
| Savanna 0.0 | R50 |
| Devils Peak Alcohol-Free | R50 |

## Mixers

| | |
|---|---|
| Ginger Ale | R25 |
| Indian / Pink Tonic | R25 |
| Sugar-Free Indian / Pink Tonic | R25 |
| Lemonade | R25 |
| Dry Lemon | R25 |
| Soda Water | R25 |

## Soft drinks

| | |
|---|---|
| Coke / Coke Light | R30 |
| Fanta | R30 |
| Appletiser / Grapetiser | R40 |
| Orange / Cranberry Juice | R30 |

## Spirits

| | |
|---|---|
| KWV 5 Year Brandy | R25 |
| Jack Daniel's Whisky | R25 |
| Jameson Irish Whisky | R35 |
| Johnnie Walker Black Label Whisky | R45 |
| Gin | R25 |
| Vodka | R25 |

## Cocktails

| | |
|---|---|
| Aperol Spritz | R95 |
| Cocktail of the Month | R95 |

## Tea & coffee

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|---|---|
| Pot of Earl Grey / Five Roses / Rooibos | R40 |
| Plunger Coffee | R40 |
| Espresso | R30 |
| Assorted Coffees | R40 |

## Water

| | |
|---|---|
| Still 350 ml | R25 |
| Still 750 ml | R55 |
| Sparkling 350 ml | R25 |
| Sparkling 750 ml | R55 |

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